

A Message from the President



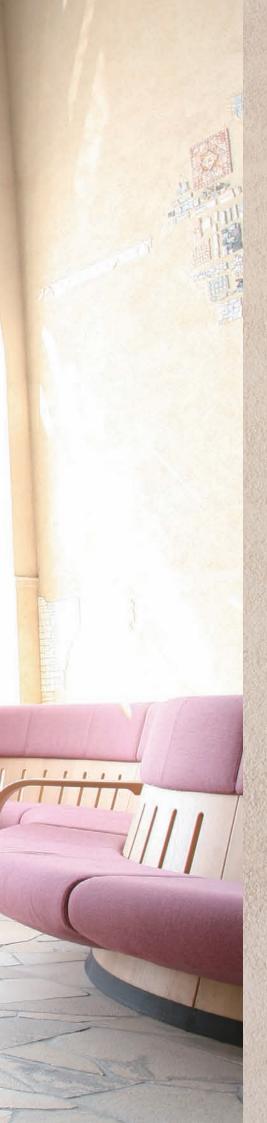
President of Kobe City College of Nursing Shizue Suzuki

Kobe City College of Nursing was established in April, 1996, with the mission of developing nursing professionals who can contribute to the health, medical care and welfare of the community. The establishment was the year following the Kobe earthquake, which occurred in January, 1995. This year marks our 19th year. The college has evolved in response to the needs of society and the changes in the health environment in our 18-year history. An undergraduate school, graduate school (master's and doctorate courses) and a midwifery department were set up. We are distinguished by having a doctorate course. During this period, we have produced nearly 1908 graduates and trainees. Thus, we have contributed to the community through education and research activities, and social services.

The environment surrounding nursing and medical care has changed greatly in recent years. Due to the high development in medical technology, advancement in medical care, dwindling birthrate and an aging population, the upgrading of the health care delivery system and people's growing awareness towards health, people in society are expecting to receive a higher quality of nursing care. Along with the progress of globalization, nursing professionals are also expected to have an international sense and ability to predict possible problems, and to find a new value beyond conventional ideas.

We continue to promote education that flexibly responds to the demands of society of the time so that the college is trusted by the members of society. We will continue to prepare an educational support system in which students learn proactively and pave the way to their career as nursing professionals. We will increasingly disseminate information on the development of education and research. We will exert more influence as a base of life-long education for local nursing professionals. We also hope to play a role as knowledge base in the community.





Philosophy

Kobe City College of Nursing has embraced the mission of educating nursing professionals capable of contributing to health, medical care, and welfare in their local communities. To accomplish this mission, it is necessary to cultivate a comprehensive understanding of what it means to be a human being through far-sighted vision and extensive education. In this way, the College seeks to cultivate a creative outlook—that is, an ability to discern the significance of human existence and experience.

Second, the College seeks to help students build character and support a deepening of their relationships with others through daily interactions with students and faculty members. In this way, students learn to build active relationships with others based on trust in themselves, and they are expected to develop a ethical attitude that strives to take better action at all times in a variety of circumstances.

Third, the College seeks to engender an orientation on the part of toward the practice that is the objective of nursing science. At the same time, it imparts the knowledge and technical expertise necessary for that practice while cultivating an analytical and comprehensive thought process to support it. In this way, the College helps students develop an ability to restructure their knowledge and technical expertise to reflect the objective at hand, forming the fundamental skills of nursing practice along with a creative outlook and the ability to interact with others.

Fourth, the College seeks to cultivate a personal stance characterized by the foresight to anticipate health issues in local communities and take action to address them. In this way, students can be expected to develop a professional orientation to continuously search for exceptional care models and new nursing systems in response to the changing needs of society.

Objectives

- To develop the ability to practice nursing in response to the individual needs of diverse people based on a sense of self-awareness and responsibility as a nursing professional.
- To cultivate a sense of ethics based on an understanding of the dignity of life and respect for human rights, and to engender a professional stance that actively addresses ethical care problems in the everyday practice of health, medicine, and welfare as a nurse.
- 3. To cultivate the ability to build relationships with others based on trust in themselves.
- To cultivate a sense of leadership and cooperation as a means of facilitating active cooperation and partnership with other professionals, particularly health, medical care, and welfare workers.
- To cultivate an interest in the local community, an understanding of health-related needs, and a willingness to actively participate in local activities.
- To cultivate an ability to communicate with individuals from different cultural backgrounds and a willingness to approach and address nursing issues from a global perspective.

Admission Policies

- Nursing-oriented disposition: Individuals who have a broad interest in the fields of nursing, health, welfare, and medical care
- Respect for human beings: Individuals who respect the dignity of others and value human rights
- Communication skills: Individuals who have the ability to listen to the words of others and express themselves clearly and precisely
- Flexibility in thought and ability to take action: Individuals who exhibit flexibility in their thought, seek out new knowledge, strive to solve problems, and embrace action



---- Basic Subjects for Nursing I----

These courses teach students about people in the cultural (as individuals who exist with cultural attributes such as the ability to communicate via language), social (as individuals who exist in the context of interpersonal relationships), and natural (as individuals who exist as animals) sense. In this way, they help students develop a multifaceted understanding of the people toward whom their nursing care will be directed and an ability to build a variety of interpersonal relationships with others.

----Basic Subjects for Nursing II----

These courses develop the ability to understand human health in the broad sense based on basic knowledge about living organisms. They incorporate such perspectives as the relationship between health and daily life, changes in health and medicine, and systems that support health and daily life.

-----Comprehensive Subjects-----

eminars at the College are held in a series of nursing arts labs located in the North Annex of the Education Building. The College maintains a separate and fully equipped lab for each area of nursing specialization so that classes can be held in an environment that has been specially designed to facilitate mastery of the specialized nursing skills required in each field. For example, the community nursing lab incorporates a Japanese-style tatami room such as would be found in an ordinary home, allowing students to experience the conditions in which home care nursing is practiced without leaving the classroom.



Nursing Science Courses

Foundation of Nursing Practice

The basic nursing science courses consists of the four areas of basic nursing science, nursing arts, nursing management, and nursing career development. Basic nursing science takes a comprehensive and systematic approach to nursing science, examining the methods by which nursing is pursued as a scientific discipline as well as the knowledge, techniques, and technologies that serve as the basis for nursing practice. In nursing arts, students study the knowledge that forms the foundation for the basic nursing skills that are used to help patients. The area of nursing management seeks to cultivate an ability to think about how the organizations that provide nursing services should be managed, operated, and transformed over time in order to make the most of available skills within the organization. In nursing career development, students learn how to best pursue a career in nursing so as to become professionals in the field.

Health and Lifestyle Nursing Science Domain

The health and lifestyle nursing science domain consists of the four areas of community nursing science, gerontological nursing science, women's health nursing science, and psychiatric nursing science. Students seek to assist individuals living in the community rather than in institutional settings such as hospitals so that they can enjoy healthier day-to-day lives based on a holistic understanding of each individual.

Recuperative Nursing Science Domain

The recuperative nursing science domain addresses nursing care directed toward individuals recuperating from illness and their families. Patients range from infants to elderly persons, and the settings in which care is provided include hospitals, outpatient clinics, health and welfare facilities, and other facilities.

We offer public health nursing as an elective course of study with a capacity of 20 students.



Year 1

Basic Subjects for Nursing I

Philosophy

Ethics

Introduction to Linguistics

Comparative Religions

History of Humanism

Cultural History

Kobe studies

Expressive Arts

Psychology

Developmental Psychology

Cultural Anthropology

Sociology

Education

Law

Economics

Transcultural Communication

Trend of international community

Information Science

Chemistry

Life Science

Behavioral Science

Nursing Physics

Communication English I A

Communication English I B

English for Nursing A

English for Nursing B

French A

French B

German A

German B Chinese A

Chinese B

Korean A

Korean B





Basic Subjects for Nursing I

Anatomy

Physiology

Biochemistry

Microbiology

Immunology

Health Promotion

Nutritional Science

Physical Practice in Health Promotion

Pharmacology I

Social Welfare

Nursing Science Courses

Introduction to the Foundation of Nursing A Introduction to the Foundation of NursingB Conceptual Basis Nursing Arts Basic Skills of Nursing I Introduction to Nursing Care for Women

Comprehensive Subjects

Startup for Academic Skills and Nursing Profession

Year 2

Basic Subjects for Nursing I

Practice in Information Processing

Communication English II A

Communication English II B

Medical English

Readings in English Medical Articles

Basic Subjects for Nursing I

Public Health

Life and Environment

Pharmacology II

Pathophysiology i n Nursing I

Pathophysiology i n Nursing II

Symptoms and Treatments of Mental Disorders

Clinical Medicine I

Clinical Thanatology

Genetics

Health and Welfare Administration

Medical Law

Disability Studies

Nursing Science Courses

Basic Skills of Nursing II

Basic Skills of Nursing III

Basic Nursing Practicum

Health Care for Women $\ \ I$

Health Care for Women $\, \mathbb{I} \,$

Health Care for Child

Nursing for Children's Recuperation

Acute Care Nursing

Perioperative Nursing

Nursing of Chronic Illness

Nursing for patient under medical treatment

Nursing Support of Healthy Life on the Elderly

Aging and Geriatric Diseases

Mental Health Nursing Support for Healthy Lives

Introduction to Community Health Nursing

Introduction to Home Visit Nursing

Nursing Management I

Healthy life Nursing Practicum

Global Nursing

Year 3

Basic Subjects for Nursing I

Epidemiology

Health Statistics

Clinical Medicine II

Integrative Medicine

Legislation for Health Care and Nursing

Nursing Science Courses

Women's Health

Practicum in Women's Health

Child Health Care Nursing

Child Health Care Nursing Practicum

Critical Care Nursing

Adult Perioperative and Critical care Nursing Practicum

Oncology and Palliative care

Rehabilitation Nursing

Nursing Care Practicum of Chronic Illness

Gerontological Nursing

Geronotological Nursing Practicum

Psychiatric and Mental Health Nursing

Psychiatric Nursing Practicum

Home Care Nursing Systems

Community Health Nursing

Public Health Nursing Activities I

Public Health Nursing Skills

Health Education

Occupational Health & Nursing

Community Health Nursing Practicum

Public Health Nursing Practicum I

Introduction to Nursing Education

Theory and Assessment in Family Nursing

Disaster nursing I

Infection Control Health Care Environment

Terminal Care

Comprehensive Subjects

Research Methodology in Nursing I

Year 4

Basic Subjects for Nursing I

Advanced Epidemiology

Human Health Behavior

Health and Business

Medical Anthropology

International/intercultural collaboration in health

Nursing Science Courses

Nursing Ethics

Public Health Nursing Activities $\, \mathbb{I} \,$

School Health & Nursing

Community Assessment & Diagnosis in Nursing

Public Health Nursing Practicum II

Nursing Management and Administration II

Legislation for Health Care and Nursing

Nursing Management & Administration Practicum

Lifelong Learning in Nursing

Comprehensive Practicum

Nursing Intervention in Family Nursing

Disaster nursing II

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Comprehensive Subjects

Research Methodology in Nursing II Nursing Research Seminar

Year 1-4

Nursing Science Courses

Overseas Nursing Training Volunteer activities



Campus Map

North Building 1

Nursing Arts Laboratories, Computer Room, and Language Laborator





West Building 2

(Classrooms and Seminar Rooms)



Herb Garden



South Building 3

Science Laboratories and Seminar Rooms



Administation and Faculty Building



Library





Gymunasium 6







N G



Cafeteria



Hall





Fountain Front Gate

East Gate



Transfer Admission and Non-degree Programs



Graduate School Master's Program



Graduate School Doctoral Program



Midwifery Program

Transfer Admission and Non-degree Programs at Kobe City College of Nursing

Kobe City College of Nursing provides transfer admission and non-degree programs as alternative ways for individuals wishing to study nursing science again on the university level to pursue a bachelor's degree in nursing science.

Kobe City College of Nursing introduced special courses for transfer students from the 2009 academic year in an effort to meet the diverse needs and academic interests of transfer students from a variety of backgrounds.

These courses are offered on an elective basis to students interested in going beyond the credits necessary for graduation from the college.

①For individuals wishing to enhance their practical nursing skills:

Seminar on Enhancing Nursing Practice (Recuperation Support Skills)

Nursing Practice Enhancement Practicum

②For individuals wishing to improve their nursing research abilities:

Special Lecture on Nursing Research Methodology

③For individuals wishing to explore the nature of nursing:

Advanced Nursing Theories

④For individuals wishing to become a public health nurse :

Activity Process of Public Health Nurse Seminar on Public Health Nurse Activities







Graduate School



-----Admission Policies-----

Kobe City College of Nursing Graduate School welcomes individuals who meet the following criteria to apply to its nursing science program .

- 1. Individuals with basic knowledge and technical expertise in their field of specialization
- 2. Individuals with a desire to contribute to the development of nursing science and nursing practice as a specialized professional, educator, or researcher
- 3. Individuals capable of exploring their field with logical thought, flexible imagination, and a global perspective
- 4. Individuals capable of acting with ethical sensibility and judgment
- 5. Individuals capable of actively expressing their opinions in a spirit of harmony



------Master's Program-

Kobe City College of Nursing Graduate School welcomes individuals Characteristics of the Master's Program

- ①Courses in research methodology let students learn the fundamentals of research methodology to facilitate research activities in nursing science, providing a broad foundation for scientific exploration.
- ② The program, which includes a consideration of the expanding role of nursing care in the 21st century, focuses on the domain of Nursing Management and Education, a domain that it considers to be on par with Basic Nursing Science in terms of its central importance, in an effort to explore the field's social functions.
- ③ The program is also designed to provide training in advanced nursing practice by including Practical Nursing Science as an area of specialization. This domain provides more specialized study of elements of the undergraduate program that relate to nursing practice in an effort to meet the health needs of the local community in which the College is located.



Nursing Science domain

[Area of specialization]

Nursing Theory and Practice

Nursing Management

Career Development in Nursing

Common electives (research methodology courses)

Phenomenological Research
Psycho-Social Measurement
Gender Studies
Study on Sociological Fieldwork
Environmental Epidemiology
Statistics
Anatomical and Physiological Research



[Area of specialization]

Community Health & Home Care Nursing

Advanced Home Care Nursing

Advanced Care of Public Health Nursing

Gerontological Nursing (*)

Advanced Gerontological Nursing

Nursing Care of the Elderly

Seminar/Practice in Dementia Nursing

Maternity-Newborn and Midwifery

Advanced Care of Maternity-Newborn and Midwifery

Perinatal Health Care Nursing

Mental Health Nursing (*)

Advanced Psychiatric and Mental Health Nursing $\ I$, $\ II$

Nursing Care of Psychiatric and Mental Health Nursing I-V

Seminar/Practice in Psychiatric and Mental Health Nursing I-III

Nursing Care of Chronic Illness (*)

Advanced Care of the long-term patients

Nursing Care in Long-term patients

Seminar/Practice in Advanced Nursing Care of Chronic Illnes

Critical Care Nursing (*)

Advanced Critical Care Nursing

Nursing Care of Critically III Patients

Seminar/Practice in Critical Care Nursing

Cancer Nursing (*)

Advanced Cancer Nursing

Nursing Care of Cancer Patients and Their Family

Seminar/Practice in Cancer Nursing

Pediatric Nursing (*)

Advanced Pediatric Nursing

 $\label{thm:conditional} Developmental\ theories\ in\ Advanced\ Child\ Health\ Nursing$

Seminar/Practice in Advanced Pediatric Nursing

* The Gerontological Nursing, Nursing Care of Chronic Illness, and Critical Care Nursing courses have been approved for Certified Nurse Specialist Course. The College plans to apply for approval for Cancer Nursing, Pediatric Nursing, and Mental Health Nursing courses. Common required courses

Advanced Course for Nursing Research or Research Project in Certified Nurse Specialist Course

As of 2013

Graduate School





---- Doctoral Program -----

Philosophy

Kobe City College of Nursing Graduate School's doctoral program expands and develops the three domains explored by the master's program in an effort to define a new paradigm for nursing science by fulfilling its educational objective of educating professionals who will be able to deal creatively with practical issues in their field.

The Studies in the Philosophy of Nursing Practice domain seeks to build a philosophical and ethical foundation for nursing science as a human science. The Studies in the Development of Nursing Practice domain seeks to develop middle-range theory more closely aligned with practice through a creative exploration of a variety of issues in the various fields of nursing practice. Finally, the Studies in Development of Nursing Management and Education System domain seeks to ascertain the direction of the trend toward an expanded role for nursing while exploring the development of nursing professionals from individual and social standpoints. It also examines the development of nursing organizational and operational mechanisms capable of meeting local communities' needs.

Program Objectives

- $\ensuremath{\mbox{\footnotemath{\mbox{0}}}}$ To develop a new, practice-oriented paradigm for nursing science
- ②To conduct research that will ultimately lead to the development of middle-range theory in the Studies in the Development of Nursing Practice domain
- ③ To develop organizational mechanisms for nursing conceived from residents' perspectives in the Studies in Development of Nursing Management and Education System domain
- To enhance autonomy through common fundamental courses

Common basic courses

Special Topics of Philosophy of Science Bioethics

Comparative studies on medical culture Advanced Lecture on Human Environment Data Mining

Studies in the Development of Nursing Practice domain

Advanced Community Health and Home Nursing

Advanced Care of Community Health and Gerontological Nursing

Advanced Women's Health Nursing

Advanced Psychiatric Mental Health Nursing

Advanced Cancer Nursing

Advanced Critical Care Nursing

Advanced Pediatric Nursing

Studies in the Nursing Knowledge Development domain

Advanced Seminar in Philosophy of Nursing Practice Advanced Nursing Policy and Nursing Management Advanced Seminar in Career Development for Nursing

O B E C I T Y C O L L E G E O F N U R S

As of 2013

N G

OBE CITY COLLEGE OF NURSING

Post Graduate Course in Midwifery

Educating professionals to enhance the inner power of women and families while offering care and support in a spirit of humanity



Where do midwives work? You can find midwives hard at work in facilities like hospitals, clinics, maternity centers, and health centers, where they not only assist before, during, and after birth, but also provide care for women, infants, and families living in their local communities. Thanks to advances in medical technology, safe childbirth is now taken largely for granted. Women and their families expect midwives to provide a comfortable, highly satisfying level of care. In an effort to better accommodate the wishes of these women, Kobe City College of Nursing has developed a new way for graduates of baccalaureate programs to be licensed as midwives.

Objective

Post Graduate Course in Midwifery is dedicated to training professionals to get closer to all women, believe in women's inner power, and provide care and support with humanity for not only pregnant women, but also women throughout their lives, infants, families, and their local communities.

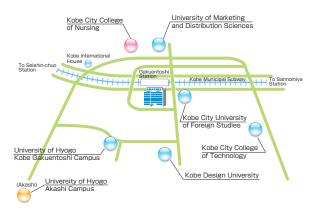
Course List

The program focuses on (1) educating midwives with a strong connection to the local community, (2) providing continuing care, and (3) applying a comprehensive approach to women's health that goes beyond pregnancy, childbirth, and postpartum care.

Category	Educational courses		Course credits		Graduate credits
	Field of specialization	Course name	Requirements	Electives	
Midwifery program	Basis for Midwifery	Introduction to Midwifery	1		2 credit
		Midwifery and Community	1		
	Specialized Course for Professional Midwifery	Perinatal Medicine 1(Obstetrics)	2		25 credits
		Perinatal Medicine 2(Neonatology)	1		
		Diagnostics Arts in Midwifery	3		
		Seminar of Diagnostics in Midwifery & Midwifery Arts	2		
		Care for infants	1		
		Women's Health		1	
		Midwifery Administration	2		
		Practicum in Midwifery	14		
		Practicum in Women's Health		1	
	Related Subject for Midwifery	Counseling for Women	1		
		Integrative Health Care	1		
		Relational Development between Infant and Parents	1		5 or more credit
		Gender and Family		1	
		Health Education for Adolescence		1	
		Bioethics in Midwifery		1	
		Domestic Violence & Child Abuse		1	
	Reserch	Midwifery Research Seminar	1		1credit
Total			31	6	At least 33 credi

---Area Universities-

As the name Gakuentoshi ("University Town") suggests, the area around Kobe City College of Nursing is home to five universities and one technical college, including the University of Marketing and Distribution Sciences next door, Kobe City University of Foreign Studies, Kobe Design University, University of Hyogo, and Kobe City College of Technology. It's not unusual to see students from nearby universities in places like the cafeteria and library. There is much to be gained from interacting with other students of the same age who are studying a subject other than nursing at the university level.

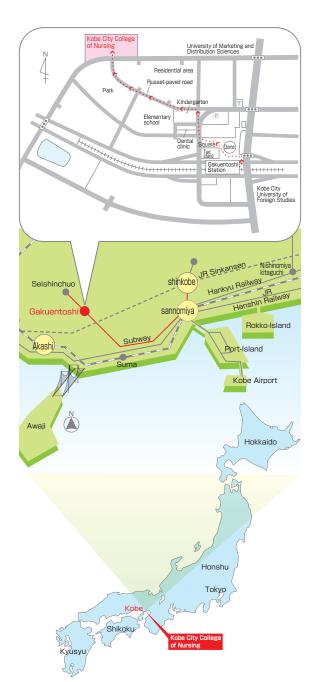


-- Gakuentoshi Credit Transfer System--

Kobe City College of Nursing participates in a credit transfer system along with other universities in the surrounding area. Students can receive credit for approved courses at five universities and one technical college nearby, including the College of Nursing Art and Science at the University of Hyogo. Courses include special subjects taught at Unity (a facility shared by several universities) near Gakuentoshi Station as well as regular subjects taught at each university. In both cases, you'll have the opportunity to study alongside students from other universities.



Transportation to Kobe City College of Nursing





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